

NIH Back-Up Care Program

Care When You Need it Most

National Institutes of Health has contracted with **Bright Horizons®** to offer **NIH employees** back-up care when they need to be at work and their regular child or adult/elder care is unavailable, for example:

- Your regular caregiver or stay-at-home spouse is unavailable
- You are transitioning between child or adult/elder care arrangements
- Your child's regular center or school is closed
- Your adult/elder relative is ill or needs temporary assistance
- Your child is mildly ill at home

Programs Available

NIH Employees have access to the following back-up care programs:

- Center-based child care
- In-home child care
- In-home mildly ill child care
- In-home adult/elder care
- Self-care

Care Consultants

A care consultant can assist you in finding the care arrangement that will best meet your needs and will work with you to ensure you have completed all required forms and information needed for the care option you select.

Register today to ensure peace of mind tomorrow.

Your Back-Up Care Solution

As an NIH employee, you are eligible for up to 10 days of back-up care per calendar year.

Cost of Care

Center-based care- \$6 per hour/ per child.

In-home care- \$16 per hour/up to 3 children or 3 adults.

Plan Ahead

NIH Employees must verify eligibility before using the service and reservations are required.

Reservations for care can be placed one month in advance and up to the day care is needed.

Verify Eligibility Today

<http://backupcare.ors.nih.gov>



Division of Amenities
and Transportation
Services

DATS



NIH Child Care

<http://childcare.ors.nih.gov>