

# Resources

To support the **TRAINEE**

NATIONAL INSTITUTES OF HEALTH



## OITE

301-496-2427

[training.nih.gov](https://training.nih.gov), [oite-wellness@nih.gov](mailto:oite-wellness@nih.gov)



Career Services | Educational Counseling & Advising

Office of  
Intramural  
Training &  
Education

- Graduate and professional school advising
- Career exploration and advising
- Interpersonal skills development
- Wellness workshops and advising
- Cultural adaptation to USA
- Strategies to improve mentor/mentee relationships

## EAP

301-496-3164

[ors.od.nih.gov/sr/dohs/EAP](https://ors.od.nih.gov/sr/dohs/EAP)



Mental Health Professionals | Confidential | Voluntary

Employee  
Assistance  
Program

- Short-term Counseling
- Crisis Intervention
- Community Resources & Referral
- Phone and face-to-face consultations

## Civil

301-402-4845

<https://civilworkplace.nih.gov>

Anti-Harassment Hotline 833-224-3829



Response Team | Coordinators | Anonymous Reports

NIH  
Human  
Resources

- Resources for concerns of all forms of harassment, inappropriate, uncivil, or other disruptive behavior impacting the workplace

## Ombudsman

301-594-7231

[ombudsman.nih.gov](https://ombudsman.nih.gov)



Consultation | Coaching | Facilitation

Center for  
Cooperative  
Resolution

- Neutral, confidential, independent resource
- Coaching, individual and team problem-solving
- Conflict resolution of personal and interpersonal issues
- Identify work-related systems problems

## OMS

301-496-4411

301-496-1211 (after hours)

<https://go.usa.gov/xnhG3>



Occupational  
Medical  
Service

**Medical Emergencies | CC Bldg 10, OP6**

- **24/7:** Evaluations for abrupt behavior change, substance abuse, injury, illness

## Emergencies



## Police 24/7, Law Enforcement

**Main Bethesda Campus** Call NIH Police

911 landline, 301-496-9911 mobile

Non-emergency, 301-496-5685

**All other NIH facilities**

Call Local Police

9-911 landline, 911 mobile